

# Tuberculosis And Other Respiratory Diseases

By Joan Nishida  
Editor, "The Viking"

Tuberculosis, or TB as it is more commonly called, is not something new; in fact, it dates back to the times of Egyptian pharaohs and is yet to be completely conquered.

This communicable disease, which gains control of one's health at a time when one's bodily resistance is low, is caused by a germ, the tubercle bacillus, which is a minute, rod-shaped, waxy cell. The bacilli are transmitted from person to person through coughing, sneezing, spitting, kissing, and basically through the breathing-in of air which has been infected with the germ.

Once the TB bacilli gain access into the body, there is a struggle between the germs and the body's defending white cells. In an attempt to combat and kill the germs, the body builds up cells that surround the invading enemy TB. This wall of cells is called the tubercle, from which comes the word "tuberculosis."

Often the body is the victor in this first phase; but once bodily resistance decreases, the germs are given the freedom to invade and spread. The lungs and sometimes the digestive system, lymphatic system, bones and joints, urinary system, nervous system and reproductive system may become affected, causing temporary or everlasting damage to the body in many different ways.

Related respiratory diseases are numerous, ranging from the most severe, and sometimes fatal, chronic bronchitis, which is an inflammation of the lining of the bronchial tubes; asthma, a condition of an obstruction consisting of thick mucous secretions of the bronchioles; and emphysema, the enlargement of the lungs—to the common cold or influenza.

Today, the respiratory diseases still remain the fourth largest cause of death in the United States, despite the discovery of streptomycin, PAS (para-aminosalicylic acid) and INH (isoniazid) for the control of growth and spreading of TB, and various antibiotics and "wonder-drugs" for the treatment of the varied respiratory diseases. Latest statistics show that presently 40 million and more persons in the United States are infected with TB. Researchers report that a new case of TB is found every 11 minutes, and that TB takes one American life every 69 minutes.

As for our State of Hawaii, it is the fifth highest in the TB case rate chart in the entire Nation. Last year's rate for Hawaii showed that 36.7 cases were found per 100,000 persons, while for the Nation the rate was 24.5 per 100,000. Researchers and doctors find that each year there are 250 to 300 new cases of TB in Hawaii. The number for last year was 262 new cases, which means that one out of every 100 "Hawaiians" needs medical help because of TB, whether their cases be active or inactive.

There are currently 33 patients who are hospitalized in the TB Section of Hilo Hospital. Their ages range from 27 to 86 years. One of the youngest patients ever admitted was only 22 months old at the time of his admittance in February of 1966. He was released just a short time ago after spending more than 16 months in the hospital.

To date, two deaths on the Big Island were attributed to TB, out of the 27 new cases found so far this year. At Hilo High School during the 1966-1967 school year, the Heaf test (tuberculin skin testing) results showed that out of the 727 Sophomores tested, 14 were positive reactors; however, further testing showed that none had signs of active TB.

For the 1967-68 school year, the present Sophomores and foreign students will be administered the Heaf test next March. As in the years past, the test will be given by the State Health Department, with the assistance of the Hawaii Tuberculosis and Health Association, Hawaii Council. Incidentally, tuberculin skin testing was initiated at Hilo High back in 1956.

Attempts to eradicate TB cost the United States a billion dollars each year. It was explained that since over 48,000 new TB

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"The Viking" editor Joan Nishida (left) calls on Mrs. Amy Hamane (center), field director of the Hawaii TB and Health Association, Hawaii Council, and Mrs. Coleen Garrabrant, program associate, to discuss the different types of respiratory diseases for the annual School Press Project.—Photo by OH.

# Merry Christmas

# THE VIKING



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HILO HIGH SCHOOL, HILO, HAWAII

DECEMBER 21, 1967

## Vikings of the Month



Charlotte Kanda

Chosen "Viking of the Month" for her outstanding service is Charlotte Kanda, Senior, who serves as Class secretary, an office she has held since her sophomore year at Hilo High School.

Charlotte is also president of the North Hilo 4-H Federation; secretary of the State 4-H Federation, and secretary of the Hawaii Federation of YBA. In addition, she is an active member of the Sub-Debs, FHA and TAP.

Charlotte has been selected as one of the four State winners to attend the 4-H National Conference, scheduled to be held in Washington, D.C., next April.

How does she feel about being chosen?

"I was just too stunned for words . . . I thought it was just a joke! I never dreamed of becoming "Viking of the Month" but I feel a great deal of pride and honor. It's an indescribable feeling!" Charlotte exclaimed.

Whenever she has free time, she likes to listen to music—"any kind." She also enjoys watching football and basketball.

What does she want for Christmas?

"Do you really want to know? A man! No, I'm only kidding . . . I have no preferences. I haven't made up my mind yet," she said.

Charlotte's favorite color is orange.

"I wish many others would try to become a part of the school . . . in fact, we want everyone to get involved," she said.



Carl Okuyama

For his constant service throughout the year, Carl Okuyama, a Senior has been selected as December's "Viking of the Month."

Presently, Carl is serving as the Hawaii State chaplain for DECA and Hilo High DECA president. He also is an active member of the school's Aloha committee, Hawaiian Culture Committee, and past president of the Hilo Bay Surf Club. Among the "hobbies" are surfing, Tahitian dancing and modeling at assemblies.

When asked about his first impression on being selected "Viking of the Month", Carl explained, "I thought they were kidding! Not me! Impossible!"

Carl is easily recognized by his "grandpa" glasses, crazy sayings, open-toe sandals, a ready smile, and a surfboard with his name on it (in Japanese). A humorous and carefree boy, Carl's personality shows in his philosophy: "To be happy is to play and to enjoy nature when you're young — and to hate girls!"

Carl's numerous nicknames includes "Oku", "Brother Carl", (because of his office as chaplain), "Carlie" and "Shrimp".

He is one of the many Vikings known as a "behind-the-scenes" man. A hard worker, he has served in various school committees and is concerned with what happens to the school and how it affects the students. He enjoys meeting people and teaching people—especially Mr. Rawe—how to surf.

## 12 To Participate In Speech Festival

Twelve students will represent Hilo High School at the Speech Festival on Jan. 27, 1968, which will be sponsored by St. Joseph High School. The categories will include original oratory, extemporaneous speaking, and serious dramatic.

During the past week Mrs. Alma Cooper's speech class sponsored a speech festival with a Christmas theme. This was held during class period and the

presentations were televised. Categories were extemporaneous speaking, original oratory, demonstration speeches, and story telling.

In February, the American Legion Oration Contest will be held with the theme "What the Constitution Means to Me." All interested students may enter.

On March 9, the annual all-island Speech Festival will take place as announced by the Hawaii Speech Teachers Council.

## Band And Chorus To Present Christmas Concert Tomorrow

Hilo High's annual Christmas program will be held tomorrow in the swimming pool area, from 10:45 a.m. till about noon.

The Viking band, under the direction of Dr. George Durham, and the chorus, under the direction of Mr. Kenneth Cheeseman, will present a Christmas concert. Soloists will be Mrs. Hawea Waiiau and Mr. Ed Nakamura from the faculty, and David Crowley, a Junior.

This is the chorus' first school appearance under Mr. Cheeseman.

The following is the program:

- Band & Chorus—The Star Spangled Banner . . . . . Key
- Band—The Children's March . . . . . Goldman
- Band—The Unfinished Symphony (1st Mvt) . . . . . Schubert
- Chorus—A La Nanita Nana . . . . . Spanish-Traditional
- Chorus—No Man Is An Island . . . . . Whitney-Kramer
- Band—The Christmas Song . . . . . Torme
- Miss Patricia Kihara, Conductor
- Band—The March of the Little Tin Soldiers . . . . . Pierne
- Band & Vocal—Cantique de Noel . . . . . Adam
- Mrs. Hawea Waiiau, Soloist
- Band—Sleigh Ride . . . . . Anderson
- Band & Chorus—Lo, How a Rose E'er Blooming . . . . . Praetorius
- Adoramus Te . . . . . Palestrina
- Band—A Sleigh Ride . . . . . Mozart
- Band & Vocal—Kojyo no Tsuki . . . . . Taki
- Kuroda Bushi . . . . . Japanese-Traditional
- Mr. Edward Nakamura, Soloist
- Band—White Christmas . . . . . Berlin
- Band & Vocal—E Lei Ka Lei Lei . . . . . Hawaiian-Traditional
- David Crowley, Soloist
- Chorus—I Heard the Bells on Christmas Day . . . . . Manky
- Band & Chorus—We Three Kings . . . . . Hopkins
- Band—A Christmas Festival . . . . . Anderson

## Bell Schedule For Tomorrow

- 7:55—Morning Bell
- 8:00-8:10—Homeroom
- 8:15-8:50—Period 2, Module B
- 8:55-9:30—Period 4, Module D
- 9:30-9:50—Short Recess
- 9:55-10:30—Period 6, Module F,
- Room clean-up.
- 10:35-10:40—Homeroom
- 10:40 —Sophomores to Pool
- 10:43 —Juniors to Pool
- 10:46 —Seniors to Pool
- Noon —Dismissal

## Hilo Debate Team Wins On Kauai

At the Kauai Invitational Debate Tournament held last weekend, Hilo High School's debate team composed of Gary Nham, Harold Hata, Dianne Jimbo and Patricia Patnaude did very well and won against teams from Campbell twice, Kailua once, Kapaa twice, and Roosevelt once. However, they lost to Waimea and Kamehameha.

Twenty-one schools were represented with a total of 76 teams competing in cross-examination debate on the national topic, "Resolved: That Congress should establish uniform regulations to control criminal investigation procedures."

This group had the honor of being Hilo's first debate team to participate on Kauai. At the Awards luncheon, they were recognized as the farthest team traveling to the invitational. Mrs. Marion Kittelson accompanied them as adviser-chaperone.

## HHS Chosen For English Project

Hilo High School has been selected as one of the pilot schools in the State to participate in an English Curriculum Project which deals with new content and methods of teaching English and subjects in relation to the course, according to Mr. William Hale, English Department head.

Mr. Hale further reported that preliminary meetings have been held with the English teachers here, and also officials from the District Office, to discuss the methods and purposes of the project.

In January, representatives from the State Curriculum Center will be on campus to set up the project which will extend for one year.

The State Department of Education has been working on similar projects in all academic fields and will be carrying on these pilot projects in various schools in the State.

## \$200 From Play

From the recent production of the "Wizard of Oz", the Student Playhouse realized \$450, according to Mr. Michael Gibbons, adviser. However, this amount is before expenses have been excluded. About \$200 profit is expected, he said.

Travel expenses for the Hilo group were paid for by the school's finance committee.



## Letters To The Editor

### Keep On Writing

Suggestions and "Letters to the Editor" are indeed an asset to any newspaper, and "The Viking" values all letters which we may receive. The press is one of the best ways for any student, or group of students, to share their views with others, so please take advantage of this opportunity and write.

However, there are several requirements that we all must comply with. Letters must be signed by the writer; he must not use any false name. However, if a person wishes his name to be withheld, we will honor his request and print only the "pen name" he desires to see in print. All letters of a controversial nature, or with "malice toward some" must first be approved by the Administration.

Joan Nishida  
Editor

### Student Body Prexy Speaks

Dear Period 6 American Problems Class—Room 66—  
and all concerned Vikings:

The letters to the Editor that appeared in the last issue of "The Viking," were most stimulating and informative to the members and officers of the student government.

Although it took considerable controversy to nearly point out the flaws in our Constitution and the general student government organization, the result has been most gratifying. Many constructive criticisms have been forwarded to us and we will implement those immediate necessary changes and plan for the long term improvements.

The majority of the suggestions that appeared in "The Viking" were very good; however, some of the points are misconceptions and may generate hasty conclusions. This isn't meant to discourage further criticism, but it's only to say that the Student Council, if questioned, will attempt to clear up any misunderstanding.

Indifference never remedied anything but merely let molehills form into mountains. In closing, I'd like to thank the Period 6 class, Mrs. Schoen and others, who have taken the time to offer their suggestions as to how we can better our student government. I welcome more.

Sincerely,  
Lloyd Matsunami  
Student Body President

### "Thank You" to CPOs

There are many thankless duties and endeavors that entail personal sacrifices to meet an end result—a result that assures fair play and justice, that those who don't abide, who make it tough for everyone else, will be made to see otherwise.

Vikings, we should all give thanks to our Campus Police Officers for doing a job that is beyond praise. Of course, this is relevant to our recent firecracker problems, but nonetheless, these boys do a good job the year-round. The entire force of CPOs should be congratulated; however, a few boys deserve an extra "well done".

Commissioner Jay Akoi, who has done an outstanding job, should be highly commended on his dedication. Also doing a "bang-up" job around campus are Mark Auwae, George Desha, Ricky Suder, George Swain, Eldo Kalima, George Mehau, Joe Whitney, Harvey Waipa and Vincent Arkangel. These boys have given up free time to aid in making our school a respected and fun place to attend. Indeed, they have given up more than this; they have sacrificed a lot, even to the point of losing friends, but they've gained the respect and admiration of many, many more.

To their advisors, Mr. Ted Ura and Mr. Sau Hoy Wong, who should be equally congratulated, and all these hard-working boys, we extend our hearty appreciation. Geev'um—and keep up the good work!!!

An Appreciative Viking

Dec. 13, 1967

Dear Editor:

The recording of "Retreat" that is played each day as the flag is being lowered is a poor example indeed of what I would expect, considering the quality of our Hilo High School Band.

My idea of "Retreat" is a crisp, clear, inspiring bugle call. The version I am forced to listen to each afternoon is more like an ill-rehearsed symphony, or should I say cacaphony, attempting to play a funeral march. Retreat should inspire us, not put us to sleep.

I am sure that the students of this school would appreciate a better version of this recording. I beseech whoever is responsible to take some pride in their work and to do something about this irksome problem.

A Music Lover

### Hawaiiana Classes Learn Xmas Songs

For the Christmas season the Hawaiiana classes, under the instruction of Mr. Charles Okino, are learning to sing Christmas songs in Hawaiian and to strum these tunes on their ukuleles.

Some of the classes went on an all-day excursion to Puako yesterday. The others are making the tour today, visiting such

sites as the petroglyph fields, Puukohala heiau, and Mauna Kea Beach Hotel.

Planned for the month of January is the study of Hawaiian fishing techniques, including net fishing. The classes have already learned how to sew the nets. Later, they plan to go crabbing in Hilo Bay.

## Information From Our Counselors

Interested Seniors planning to go on the excursion to Hawaii Technical School during the first week of January, should sign up with Mrs. Mildred Martin, head counselor, in Room 107. Deadline for registering is tomorrow.

★ ★ ★

University of Hawaii, Hilo Campus, applications will be processed the week after Christmas vacation, according to Mr. Yoshiichi Tanaka, counselor. The counselors will do the processing, but the students themselves will have to fill out the application form. There will be no charge.

A group session will be held sometime in early January to explain the procedures to be followed. Students should be mindful of all deadlines and financial obligations, Mr. Tanaka added.

★ ★ ★

Orientation for financial assistance (college) was the main topic of discussion at Monday's "Family Night" held in the school auditorium. Speakers representing the various banks, and a speaker from the University of Hawaii, familiarized parents and students regarding loans available and expenses necessary to send a student through college.

Seniors who plan to go away to college should start filling in applications now, and those who have received letters of response should follow up and keep in contact with their counselors, Mr. Ted Ura, counselor, stated.

### Library Obtains New Laminator

The library has just received a brand new laminator, which is a machine that puts a transparent plastic coating on anything and does not yellow with age. It can "lift" the color from any picture and be transferred onto the laminate. According to Mrs. Marion Hall, librarian, it seems to intensify the color.

The cost of this machine is about \$1,107.

New books have also arrived, some of which include: Complete Plays—Oscar Wilde; Performing Arts — Baumol-Bowen; The Films of Charlie Chaplin—Gerald McDonald; Twentieth Century Music—Peter Hansen; To Kill a Mockingbird — Harper Lee; The Unknown Shore—Dore Ashto; The Japanese Are Like That—Ichiro Kawasaki; The Fables of Aesop—Aesop; and The Light and the Rock—Dag Hammarskjöld.

### New Student Here From Okinawa

The newest student on campus is Gail Yoes, who comes from Okinawa where she spent the last six years. While there she attended Kubasaki High School.

"I like it here very much!!!" was her comment about Hilo High. She added that the students here made her feel right at home from the very first day.

Water skiing ranks first among all the water sports she participates in. Gail also loves reading, and Humanities is her favorite subject in school.

## What The Teachers Wish For Our School

Mrs. Marion Kittelson: "That Hilo High students would exert or show some self-discipline during a festive period like this."

Mr. Thurston Kuroyama: "I wish that students would improve their behavior . . . the minority, that is."

Mr. Edward Nakamura: "A new gym, air-conditioning, a sound-proof bandroom, and a bigger auditorium. It also needs stricter discipline enforcement."

Mrs. Hawea Waiau: "The school as a whole needs to have respect among the teachers, students and administration, with pride for their school and its activities."

Miss Kate Weight: "Respect . . . respect for themselves, each other, the school, education . . . and also manners."

Mr. James Noda: "Stop the firecrackers!"

Mr. Choken Maekawa: "Here's hoping our students will begin their new year as mature and respected citizens of Hilo High School."

Mrs. Fumiyo Yamanaka: "Each and every one of us to have responsibility to ourselves and others, and understanding and tolerance for each other, so that next school year will be a better one."

Mrs. Ingrid Pilecki: "A Christmas party for the students and the teachers . . . a legalized party without so much red tape."

Mrs. Chizu Kanemori: "A program for character building, more classrooms, and air-conditioning."

Mrs. Kay Paik: "My wish would be that all the students would behave so we wouldn't have all these problems. Maybe the lack of physical facilities is contributing to the students' problems."

Mr. Michael Rota: "A little more consideration from the students as far as groups performing at assemblies are concerned."

Mr. Achong Young: "Students should learn to respect other students. I'm referring to the disciplinary problems that we've been having. The general behavior and attitude of the students needs improving, and that would be a wonderful Christmas present."

Mr. Karl Kawahara: "A big covered patio for students to congregate in during recesses and before school. (We could use the reserve fund for this.) Also, A's for all my students in the coming year."

Mr. Neil Okamura: "A new Business Education building and air conditioning for the rooms. Also, just two set schedules to eliminate confusion on activity days."

Mrs. Betty Oliveira: "New buildings, some kind of cooling system, everything brand new. Windows that would stay open, for some of the windows in room 61 are always closing."

Mr. Charles Iseri: "A covered walkway from the shop to the Mauka building."

Mrs. Gloria Brown: "A safe and sane second semester."

Mr. Charles Okino: "A dozen surfboards . . . for my Hawaiiana classes."

Mrs. Lily Wong: "Happy, helpful and eager students who are interested in, and care about, all that goes on around them. Thus, they are self-motivating and steadily growing in

strength and understanding."

Mrs. Mildred Martin: "More counselors and better physical facilities."

Mrs. Eleanor Schoen: "More books for the library; new furniture; more places of the students to go on rainy days; another covered walk-way between the Makai and Mauka buildings; a covered walkway up to the shop (for those boys who will 'melt'), and more meeting time. But especially more meeting places."

Mrs. Clarissa Kuniyoshi: "A preparation period for every teacher."

Mrs. Ethel Tsue: "A new PE building for lecture sessions and showing of films; in other words, a classroom."

Mrs. Pauline Fong: "A better P.A. system which can be heard in the auditorium, cafeteria, and some other classrooms. Also, a new piano and a new school."

Miss Naomi Okimoto: "Taller water fountains, and air conditioning for all of the classrooms."

Mr. Edward Murai: "A new and modern science building with all the facilities, especially a fully equipped chemistry lab."

Mr. Raymond Yoshino: "A new room and equipment complete with the latest gadgets, and an up-to-date library."

Mr. Stanley Kawano: "I'd like to have a transformation whereby the whole student body would be angels. I'd like to wish Mr. Manliguis several 6'7" boys on his team; a new gym; a luau house where students can congregate at recess; and 10 more acres of playing area for the gym students."

"Oh, yes, I'd like to have another good football team next year . . . just like this year's"

### Beautiful Displays Seen At Art Show

By Gail Okamura

One yard of blue ribbon, two egg cartons, one can of glitter . . . put them all together and you get a glittering Christmas tree with a nice big bow on it.

Or else, get three yards of netting, form it into a wreath, and spray it with "snow" . . . and presto! a lovely wreath to hang on your door.

These were just a few of the many breathtakingly beautiful Christmas arrangements displayed by Mrs. Eleanor Cate's and Mr. Earl dela Cruz's art students in their art show last Thursday in Room E-6 and Room BE-5.

And the best part of it all was that these students spent only 25 cents to \$2 for their creations!

### Nine To Represent HHS At Lectures

Honolulu is one of eight American cities selected for the Holiday Science Lectures program of the American Association for the Advancement of Science.

Approximately 360 high school science students and 40 science teachers throughout the State have been selected to attend the lecture series. From Hilo High School, nine students have been chosen. They are Amy Motonaga, Gary Nham, Marcia Fujimoto, Ruth Hisanaga, Ray Kawachi, Curtis Nakayama, Sharon Yamada, Jocelyn Yamamoto and Layne Yoshida.

boys."

Miss Mamie Jackson: "We should begin the New Year with students setting new goals for themselves and ultimately trying to reach these goals . . . because until we do this, our school is going to 'crumble'. It takes a mind made up toward behavior and accomplishment in life . . . something from within."

Mr. Frederick Rawe: "An incinerator with a higher chimney which will neither cause my literature students' eyes to tear nor nostrils to clog."

Mrs. Kikuye Kohashi: "A covered lanai for students to relax in and have lunch."

Mr. Lawrence Alexander: "I would build another school in a different location . . . because our school is too crowded."

Mr. Michael Gibbons: "A new set of stage lights for the auditorium, about \$10,000 worth — better yet, a new auditorium."

Miss Pauline Nishihara: "A room full of angels who would sit with their hands in their laps, listen when they're supposed to, do their assignments when they're supposed to, and treat everyone else like human beings — and no firecrackers, please!"

Miss Nora Higuchi: "I wish old St. Nick would give me a secret potion that will change my little 'imps' (they know who they are) into angels in a twinkling of an eye! Most of all, I hope all of my students will have a swinging vacation and return to school prepared to work hard."

Mrs. Violet Yap: "A large covered public area that would be like a student union building so that the students have a place to study during lunch and morning recesses and after school."

Mrs. Hannah Bowman: "More classrooms so they wouldn't have to go across the street . . . Each teacher should have his own room so he wouldn't have to roam, and each student would then have a set room to go to."

Mr. Marvin Senter: "I wish for a perfect computer scheduling next year . . . at least 99 per cent correct."

Miss Alma Yogi: "New facilities."

Mrs. Jean Shintani: "A big, beautiful, brand new auditorium, a modern one that can house about a thousand students."

Mrs. Maria Rawe—"A 'real' language lab, the kind that has private booths and private tape recorders, where the students benefit most."

Mr. Stuart Postle — "Books, books, books, books, books, books, books, books, books, books. It would be the best Christmas ever!"

Mrs. Eleanor Cate—"A glass-covered bulletin board in the front patio so we can change art exhibits every week. I would like it to be allocated to the art department."

Miss Mabel Loo—"A new science building with all the equipment, all the space, all the minimum needs."

Mrs. Elaine Nagasako: "More classrooms since many of the teachers are in need of them. Also, another library for the school."

Mrs. Yaeko Kunishige: "A new campus with new buildings . . ."



# Odds 'n Ends

Beware of the eye! The eyes of Santa Claus are upon you all!

Brian Ikawa and Dennis Hashimoto are awaiting the arrival of their hero—Santa Claus. Did you know that Bertha Lemmon and Lee Ann Lindsey go to bed with visions of sugar plums, candy canes, reindeer, toys and, of course, St. Nick, dancing in their heads? Peter Otani, Wayne Hamada, Patricia Tanaka, Sandra Nakamura, Brian Nakashima and Charlotte Ogata are "angels", hoping that Santa will bring them goodies . . . Others anxiously waiting to find their stockings filled with good things are James Yamane, Charlene Legaspi, Myrtle Takeya, Charlene Nakatani, Karen Soken, Gary Muneno, Elayne De Lima, Charlene Iida and Wesley Wong. Also, ready for the Christmas holidays are Keith Marumoto, Maura Galdones, Karen Rawlins and Derek Morishita . . . not to mention everyone else. Singing to the tune of "Kane Kane Pele" instead of "Jingle Bells" in their Hawaiian classes are Leona Hirata, Patti Yamanoha, Dennis Yokomizo, Janice Shiro and Craig Yugawa.

Up at the hospital this afternoon will be guys 'n gals like Clayton Nakasone, Terrence Fujimoto, Dickie Fujie, Celese Nakamoto, Randy Rohner, Judy Higaki; also, Leonard Mukai, Gale Tabacoi, Glenn Matsuoka and Fern Peralta singing their hearts out for the patients . . . Hey, Mark Sato! See you're in the Christmas groove too, chopping down Christmas trees, huh! Having fun? Wrapping gifts at Kress are Elaine Endo, Sharlene Yagi, Lani Nakamatsu, Joanne Kumuji, Sandra Kumuji and Kathy Rosehill. Work, work, work! . . . At Ben Franklin are Frank Nobriga and Josepha Iranon. Jean Shimose, Ellen Ann Noda, Gail Hayashikawa, Ethel Nii, Elise Yamamoto and Lois Yamamoto are working during Christmas rush too . . . Seen having a "dreamy" time at "Our Winter Love" were Lois Umeno, Jayne Okimoto, Barry Arakaki, Melvin Kaetsu, Lynette Iko, Keith Masukawa, Paul Ochi and Lillian Jitchaku . . . still on cloud nine? Also, Karen Tanaka, Pamela Paiva, Maile Tanaka, John Singson and Craig Tachibana are still feeling high . . . and Bertram Hashimoto, Dorothy Fernandez, Velma Yamashiro and Lorna Tanihiro just had a great time.

Some late bloomers who just turned "Sweet 16" are Ellsworth Kekua and Carol Imanaka. Congratulations to "Wizard" Michael Sasaki and "Dorothy" Lynne Koehnen for a job well done in their recent presentation of the "Wizard of Oz" . . . If you see two figures whizzing past you at the sound of the lunch bell, don't be alarmed . . . They're only Carl Botefuhr and Michael McQueen . . . Mr. Fred Rawe, an enthusiastic reader of "The Viking", has only one complaint . . . he hasn't seen his name in it lately . . . so, here it is. Watch out for Patrice Sato who just got her driver's license . . .

Harry Shigeura, Serrell Kanuha and Lester Oshiro . . . how was your hunting trip? Put more holes in the sky than anywhere else? . . . Sheldon Furutani, one of these days a certain teacher is going to catch you, so when she says "cierran los libros", don't leave your book lying open on the floor. To a senior boy alias "Saxy", FOUND—a letter addressed to a "Miss Suzy Cockroach". Mind telling us who she is!! . . . Have you seen the new Santa Claus in town???? Well it's none other than Julius Wery. From Mrs. Kanemori's Japanese class come the angelic voices of Eric Kawamoto, Jerome Brown and Glenn Maeda singing "Jinguru Bell-rusu".

## More Senior Class Activities Announced

Mr. Richard Kishimoto, chief advisor for the Senior Class, has announced the following Senior class activities for 1968:

Senior Week, Feb. 5-9; Senior Variety Show in March; Diploma Ball in May; Senior Luau, June 1; Senior Awards Assembly, June 3; and Commencement, June 5.

The Seniors have just completed their service project for December, which was painting the campus trash cans.

## Camilo Leaves For Honolulu School

Camilo Paredes (Restrepo), one of the two exchange students from Colombia, left Hilo last Sunday to attend school in Honolulu. This sudden change was necessitated after a notice to do so came from the national headquarters of the Foreign Exchange Program in Buffalo, to Mrs. Maria Rawe, Hilo High advisor of foreign exchange.

Camilo will remain in Honolulu until February when he will return to his home in Bogota.

## Spanish Club Holding Xmas Party Today

"La Navidad Verde", which means "The Green Christmas", will be the theme of the Spanish Club's Christmas gathering after school today in the auditorium.

Entertainment such as a skit about a Spanish Christmas and the singing of Christmas carols will highlight the gathering. Colombian dances will be performed, along with a dance to "Hernandos Hideaway".

Committee chairmen are for publicity—Carolyn Monden; and decoration—May Masuko and Karen Kimura. Julius Wery and Joan Nishida will emcee the program.

## FHA Camping

The Future Homemakers of America are tentatively planning a camping outing in January, in conjunction with a beautification project, headed by co-chairmen Susan Osaki and Frances Liu.

Last Thursday, a food demonstration on "Holiday Goodies" was given by Mrs. Kikuye Kohashi, FHA adviser.

## We Cover the Classrooms

# Reporters See Classes In Action



Mrs. Amy Farias gives reporter Carolyn Monden a few comments about her sophomore English classes. Photo by OH.

By Carolyn Monden

"War Is Peace!" "Freedom Is Slavery!" "Ignorance Is Strength!" screamed the signs as I entered Room 24 the other day. There was a huge banner posted in the front that declared "Big Brother Is Watching You!" Under it was a picture of a stern, grim man, a cigar in his mouth and a drawn-on mustache above his lip. Someone was singing an unusual song . . . He kept repeating the refrain "they all get put in boxes, little boxes just the same".

At first, I didn't know what was going on. It seemed that all of a sudden, the 31 well-mannered students of Mrs. Amy Farias' Module E sophomore English class were engaging in a violent protest meeting! But I soon learned that the recording and the banners were merely audio-visual aids to the class discussion of the novel 1984, by George Orwell.

Mrs. Farias explained that her class had just completed the book and was in the process of evaluating it. She further explained that the students themselves had chosen the book to read and discuss together.

The purpose of having such a discussion is to give students practice in evaluating books and writing a critical analysis. The class is required to do this with 10 novels that they must read individually during the year. As a group, they had previously worked on J. D. Salinger's *Catcher in the Rye*.

Also, the class takes a few minutes daily to have what is called "point of view" reports. In these few minutes, two or three students are called upon to get up and present current issues or events to the rest of the class. Each student presents his or her point of view on the matter; then the class, in turn, may express their opinions.

Mrs. Farias commented that her Module E class students are more mature than she expected. Their taste in literature is broad and they are very vocal.

"They have so much potential . . . I really enjoy them. In fact, I enjoy all my students!" she exclaimed.

Mrs. Farias encourages reading. This semester she is concentrating on composition and grammar in her classwork. Next term she plans to emphasize literature.

Her room is very neatly decorated.



Reporter Eric Miyamoto tries out the overhead projector in Mrs. MaryLou Beans' second period UICSM class. Photo by OH.

By Eric Miyamoto

Situated on the top floor of the Makai Building is Room 22 where Mrs. MaryLou Bean instructs her Module E and F classes in the seventh and eighth course of the University of Illinois Committee on School Mathematics; in short, UICSM.

There are 22 students in the Module E class and 18 in Module F. Smaller classes provide for a unique and well controlled discussion. Both classes will take up such units as circular functions and trigonometry, complex numbers, powers, exponential, and logarithmic functions.

## Noticed The Xmas Decorations On Campus?

By Cynthia Agan

Have you noticed:

The unusual Christmas tree and the silver and gold wreath in the Administration Building made by art teacher, Mr. Earl Dela Cruz, and his students?

Mrs. Marion Kittelson's room 31 which sports a mobile of stars and a miniature tree decorated with tiny ornaments?

The green and silver garlands decorating Mrs. Gloria Brown's Room 32?

The silver tree with gold balls, and also a "Merry Christmas" sign in silver and red, in our newswriting room?

The simple but effective Christmas scene in Mrs. Hawea Waiuu's Room 57?

The Spanish Christmas spirit as "Feliz navidad y prospero ano nuevo" greets you the minute you enter Mrs. Nereyda Bottoms' Room 43?

The typical Spanish scene as depicted in Mrs. Kathryn Vierira's Room 44 by miniature figurines set on a background of blue angel hair and cotton?

The "presents" in Mrs. Ruby Nakayama's Room E-1?

The Christmas lights and foil garlands in the chorus room?

The decorations of blue and green tinsel and iron hangers in Mr. Karl Kawahara's Room 64?

A door-size Santa, a "Merry Christmas" sign, red bells and a wreath—all in the Student Council room?

And finally, a feeling of international good-will in our school library, which sports a window display of "Christmas Around the World", showing dolls dressed in costumes of their countries?

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## NHS Induction Ceremony Planned

Next month, the National Honor Society is planning an Induction ceremony for its new members. Invitations will be sent to the faculty, NHS members of St. Joseph High School, and friends of the members to be inducted.

A Quiz Bowl is also planned with the Science Club sometime next month.

On Dec. 11, a panel discussion was held on the question, "Should women be drafted for military service?" The panel consisted of Brian Ikawa, Clarence Imamura, Noelle Nishimoto and Leila Nakamura.

At the entrance, a sweet, young miss greets you as she sits under the shade of a tree, reading a book, and on display are some original haikus (Japanese poems) written by her students.

## Mr. Gibbons Leaving Today For Wedding

Mr. Michael Gibbons will be leaving today for Tampico, Mexico, where he and Miss Maria Elsa Martinez-Gonzales will exchange wedding vows on Dec. 27, in the Cathedral of Tampico. A reception with dinner and dancing will follow the ceremony. Five hundred guests have been invited to the wedding.

Leonard Paik and Roger Kobayashi, former students of Mr. Gibbons, who are now attending college on the Mainland, will attend the wedding. Both boys will serve as ushers and will be among a group of 16 wedding attendants.

Before returning to Hilo on Jan. 6, the newlyweds will spend their honeymoon in Mexico City, Los Angeles and Honolulu.

NEW TYPIST

Mrs. Charlotte Yamasaki has replaced Mrs. Anne Nakamichi as a typist in the main office.

The method followed in Module F differs from the one followed in Module E because here the students agreed that they would have four days of work and two days of discussion led by selected students. About two times a month the class holds a seminar on an unlimited range of topics. The first topic will coincide with a lecture by Dr. George Durham on the mathematical background of the musical scale.

In witnessing a discussion as I did, one soon realizes how brilliant tomorrow's leaders may be. One by one, they develop a hypothesis and then try to prove it. Amazingly, the students piece together a problem with numerals, fractions, inverted alphabets, parentheses, equality signs and brackets, not to mention other "confusing" signs.

With the aid of an overhead projector, which magnifies the work on a large screen, the students try to prove their theories. The theorist must present sufficient proof and reason, or the (Continued on Page 4)



## Tuberculosis And Other Respiratory Diseases

Continued from Page 1

cases are found in a year, there is a loss of a billion dollars in income to the Nation to find, treat and study. In addition emphysema, which is rapidly increasing, costs an estimated 90 million dollars in disability benefits alone.

Acute respiratory conditions, especially colds and flu, cause well over 300 million bed disability days each year; also, almost 100 million school days are lost, as well as over 100 million work days. Most of us at one time or another during the year, are victims of one or several of the different respiratory diseases.

To combat this high cost of treating TB and other respiratory diseases by making the public aware of the necessity for maintaining good health, is the main objective of the TB Associations throughout the Nation. Here in Hawaii, the Hawaii TB and Health Association, Hawaii Council, as one of four County TB Councils, educates the general public about TB and other respiratory diseases; supports medical and social research; helps detect cases of TB; and spearheads the annual Christmas Seal campaign.

This year, the Hawaii Council hopes to top last year's grand total of \$37,728.21 in the Christmas Seal campaign. Funds from this annual campaign, which had its start in Hawaii in 1932, are added to the State total and spent to aid the Department of Health and the Department of Education in administering skin tests to Sophomores; to provide educational printed material, movies, tapes and other media on subjects related to TB and respiratory diseases, such as air pollution and the hazards of smoking; to educate the students about TB and other respiratory diseases, and good health in general through work with the schools; to provide medical education about TB and other respiratory diseases to physicians and nurses; to assist with student training at the School of Public Health at the University.

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It is not only by using Christmas Seals, but by making certain that we keep healthy, that we really support the work of the TB Association. This means that we should maintain good health habits, lots of rest, and well-balanced meals and diets. It also means going for medical check-ups regularly and having chest X-rays annually.

Also, we could go one step beyond and try to give sympathetic understanding to those who have contracted TB and who may feel insecure and uneasy.

To completely wipe out TB from our community, it will still take more education and research. The vigilance on the part of each individual must not be relaxed until the enemy is ABSOLUTELY conquered!

## ICC To Sponsor Benefit Dance

"Flowers Everywhere" is the theme for the upcoming money-making dance, to be sponsored by the Inter-Club Council (ICC) on Feb. 10, 1968. Plans are now being made for decorations, publicity and other numerous details, which are being spearheaded by general co-chairmen, Joyal Torres and Althea Fujimoto.

Proceeds from the dance will be divided among the clubs for the year's activities, or may be carried on to next year. Clubs that have been put in charge of specific duties are: tickets and sale — Gerry Subica, Speech Club; publicity and decoration—Joyal Torres, Student Playhouse, and Althea Fujimoto, Speech Club, assisted by DECA, Spanish Club, NHS and Aqua Viks; refreshments — FHA; clean-up and setting-up—Lettermen, FFA.

## UICSM Class

(Continued from Page 3)

class will not accept it. As a student enters the classroom, she asks, "Are you in school today, Mrs. Bean?"

"No, not today. Just make believe I am absent from class, or that I am a ghost," replies Mrs. Bean.

What does this short conversation mean? What Mrs. Bean is saying is that she will not interfere with the class discussion because she wants the students to work out the problems by themselves and thus gain experience. She will not interfere unless the class goes astray, or if she wants to give them a lecture on new material or on the application of the concepts in other

## DECA Raising Money For Meet

DECA members are now participating in a Christmas gift-wrapping project to raise funds to send club representatives to Honolulu for the State Leadership Conference to be held March 17 at Princess Kaiulani Hotel. Lois Yamamoto is heading this project.

Members of DECA are also operating the concession booths at the basketball games at the Civic Auditorium. Mercedes De-la Cruz and Frank Nobriga are chairman and co-chairman, respectively.

Carl Okuyama, DECA president, accepted a trophy on behalf of the club for winning first place for the most original float in the recent Homecoming Motorcade. Deborah Matsuo was in charge of the float.

## FFA Selling Chicken To Raise Money

The Future Farmers are selling chicken broilers and fryers to raise money to send delegates to the District FFA Conference.

On their schedule for February is an FFA contest, to be staged in Kau, when members will compete in public speaking, parliamentary procedure, creed recital and agriculture demonstration. On April 8-10, there will be a State Convention at the Princess Kaiulani Hotel in Honolulu.

fields.

The UICSM 7-8 course has been made that much more interesting because of the students themselves and Mrs. Bean's unique teaching methods.

## Weightmen In Training Sessions

Hilo High's weightmen are getting conditioned under the supervision of their coach, Mr. David Hutchins. The boys are meeting about four times a week after school, alternating between weight-lifting and field events.

"Right now, the boys are working for conditioning and strength; later on, they will be working mainly for strength," Mr. Hutchins stated.

The training sessions will go on right through the track season, and all boys who hope to participate will have to practice regularly with the team, starting right after the Christmas holidays.

Several boys are now turning out, but more participants are needed if the Vikings are to remain supreme in next year's BIIF Track Conference.

## Vacation Practice For Swimmers

Mr. Charles Okino, coach of the Viking swimmers, has announced that the team will be having practice sessions throughout the Christmas vacation. The sessions, from Tuesday through Friday, from 10 a.m. to 12 noon, will be in preparation for a dual meet against swimmers from Kaimuki High School of Honolulu.

The Kaimuki swimmers will be here for the meet on Jan. 19-20, with approximately 25 girls and 25 boys expected to partici-

## News Notes From Baldwin, Iolani

Baldwin High School's main cafeteria has opened a snack bar for students as an alternative to the cafeteria tray lunches. The bar sells a variety of sandwiches, hamburger, hot dog, and also milk. Desserts, salads and ice cream may be added later.

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Iolani High School (Oahu) was presented with a "London Punch and Judy Circus" puppet outfit by a woman who purchased it from the Belgium display at the New York's World Fair. This portable outfit costs \$300 and consists of a stage, puppets, script and taped voices. It will be used by the language students who will present plays of original scripts in seven languages.

## New Cheers For Basketball Season

Busily working on new basketball cheers are Hilo High's six spirited cheerleaders and two yell-leaders. More than five new cheers have been worked out for the basketball season. Unlike the football cheers, the new cheers require more use of pom-poms.

At all Hilo games, they will go on the court to cheer at half-time, with the accompaniment of the school band. Also, they plan to travel with the team to other schools.

The Viking cheerleaders and yell-leaders practice twice a week, on Tuesdays and Thursdays, from about 2:45 p.m. to 4 p.m.

## St Louis Wins Over Vikings

The St. Louis Crusaders were just too much for the Hilo High Vikings as they suffered their second pre-season setback, 55-39, at the Civic last Friday night.

From the very start, the Crusaders, led by giants Jim Nicholson 6-7 and Howard Dunnam 6-5, were in for a scare as the fast-breaking Hilo High cagers took a surprising 7-6 lead midway in the first quarter. The first quarter ended 12-10 in favor of the Viks when Timmy De Silva scored on a layup. This veteran Hilo High cager scored eight points in the first quarter.

But, in the second quarter, Nicholson and Dunnam started to click. The Crusaders had a 20 point quarter and their stingy defense allowed the Vikings only one basket by Mark Carvalho in the entire second quarter. The Crusaders had a commanding eight point lead 22-14 at the half.

Nicholson led the way for the Crusaders with eight points in the first half. Dunnam scored six points; Gary Hookano and Larry Frank scored four points each. Timmy De Silva had eight points for the Vikings.

The Crusaders took the third quarter 20-13, making the score 42-27 at the end of the quarter.

Midway in the fourth quarter the Crusaders sent in their second team, but still managed to take the final quarter 13-12 over the proud Vikings. The final score was 55-39.

Timmy De Silva was top man for the Vikings with 16 points. Gary Kuikahi advanced from the JV team to the Varsity to replace injured Billy Moore.

In the opening game, the Hilo High JV's continued their unbeaten record to three as they defeated Imua, 36-31. Leon Harris and Juanito Macabio sparked the JV's.

## Chess Marathon

The Chess Club, under the advisorship of Mr. Edgar Barrett, will hold a chess marathon in the Hilo Shopping Center Mall, beginning at 10 a.m. Dec. 26 and ending at 2 p.m. on Dec. 30. The club invites interested persons to come and join them. Chess sets will be provided.

## FUN NIGHT

A psychedelic Fun Nite is scheduled for Saturday, Jan. 27, in the school gym, announced Valli Kanuha, Student Association program chairman.

## Vik Cagers To Punahou Invitational, Dec. 26-30

The Twelfth Annual Punahou Invitational Basketball Tournament will be held Dec. 26-30 at the Punahou High School gymnasium in Honolulu. Eighteen schools from Oahu and 10 from the outer islands will be in the competition. There will be 12 games played on Dec. 26, the first of which begins at 9 a.m. There will also be four teams drawing bye's in the double elimination affair.

## Hilo-McKinley Game Tomorrow

Tomorrow night, the Hilo High Vikings will take to the hardwood court at the Civic against the McKinley team for their fourth pre-season game. The Viks will be looking for another victory to put under their hats.

After this game the Vikings will be traveling to Honolulu for the Punahou tournament, Dec. 26-31.

## Girls Taking Up Basketball Unit

Girls in the P.E. classes, having completed their volleyball unit with practical and written tests, are now learning the fundamentals of basketball. The points to be covered include learning the various methods for shooting, passing, dribbling and pivoting. Squad games will follow.

The boys' P.E. classes are presently taking up the health unit.

In the inter-period volleyball tourney, Mrs. Ethel Tsue's Period 4 class is vying against Period 1 for the championship.

## Classes Take Up Banking Projects

Miss Nora Higuchi's general business classes have completed their studies on the banking unit and are presently undertaking projects pertaining to banking. They have set up four banks within their classroom which operate on the same basis as real banks.

The "banks" carry out transactions which enable the students to become acquainted with budgets, checking accounts, and other banking businesses. To help them in their projects, the classes have also formed a water company, telephone company, electric light company, supermarket, and service station.

## Lettermen's Club Busy With Projects

The Lettermen's Club is presently helping to park cars at the basketball games at the Civic, and also assisting the DECA members at the concessions.

Painting the benches around campus will be one of the major projects of the club, reported Glenn Kanna, president.

On Dec. 16, club members cleaned the auditorium stage of the school. The club also takes charge of the marquee in front of the school and maintains an up-to-date schedule of important school events. Michael Honma is in charge of this service project.

Planned for the Christmas vacation is a one-day outing to Hapuna with Marilyn Niwao as chairman.

This year, Hilo is not seeded, according to Mr. Albert Manliguis, coach of the Viking cagers. If the Viks lose, scrimmage games will be arranged so that the boys can still gain experience. Also, the boys can learn by watching the different teams play and by playing against them. At any rate, all of his cagers will be ready for action by the time of the tournament, Mr. Manliguis stated.

Last year, Hilo placed fourth after being seeded to the number one position. As to this year's team effort, Mr. Manliguis said that the boys cannot be compared with last year's team because they (last year's team) were with him for two years and had worked the zone-press defense almost to perfection. He emphasized that what the boys would gain most at the tournament this year would be experience.

## Viks Win 52-50 Over Kaimuki

Even though playing under a huge height handicap, and with injuries to starting players, the Hilo High Vikings managed to overcome the Kaimuki Bulldogs, 52-50, in a pre-season basketball game at the Civic on Dec. 2.

The Vikings opened up by taking a commanding six point lead, 19-13, in the first quarter of play. But the Vikings lost Billy Moore, the starting six-foot center, in the early seconds of the game when he sustained an ankle injury. Also, they were hampered throughout the rest of the game when Roy Leialoha, the other six-footer on the team, hurt his leg, and Douglas Espejo suffered leg cramps.

Thus, the Kaimuki Bulldogs outscored the Vikings 20-14 in the second quarter, making the score 33-33 at the half. Then in the third quarter, they forged ahead to make it 43-40.

But Al Manliguis's amazing prep school basketball cagers took the lead in the fourth quarter of play on baskets by Gaylen Baldado and Mark Carvalho. They kept their lead throughout the quarter and won by two points. The final score was 52-50.

Leading the way for the Vikings were Timmy De Silva and Roy Leialoha, scoring 19 and eight points, respectively. Eugene Shigemoto and Wade Souza topped the Bulldogs with 10 points each.

In the opening game the Hilo High JV's outscored the Haka-lau CYO, 35-32.

## Future Nurses

This Saturday, the Future Nurses of America will decorate the pediatric ward of Hilo Hospital and give out presents to the children there.